

**A LEARNING MAP**

**CHECKING IN**

*How are you feeling/travelling?*

**REVIEW**

*What's been happening in your world since we last met? (Review Personal Learning Contract)*

*What have you been learning?*

**VISION**

*What is your 'light on the bill'?*

**ISSUES**

*What issues are concerning you?*

**THE LEARNING CYCLE**



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**FEEDBACK**

*I (the coach) congratulate you on...*

*I (the coach) am observing such do/say contradictions as...*

**TEACHABLE MOMENTS**

*(Coach) How about this for an idea...?*

**PLANNING**

*What will you do to achieve your desired outcomes? (Complete a Personal Learning Contract)*

**CHECKING OUT**

*What value did you get from this session and when will we meet next?*