

COACH THE COACH IN LEADERSHIP COACHING SCHEDULE

PURPOSE

The purpose of Leadership Coaching is to support clients to be effective leaders and to live their lives in ways congruent with their vision and values; the purpose of Coach the Coach in Leadership Coaching is to coach and accredit people in AnD's Leadership Coaching methodology.

SESSIONS

One session of 3 hours, and five sessions of two hours, with Kate Ramsay as your coach:

Session 1

- Introduction to the Learning Map
- Kolb Learning Styles Inventory
- Leadership Coaching session - 2 hours
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Teachable moment: 'Golden Rules' of Leadership Coaching

Session 2

- Leadership Coaching session - 1 hour
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Teachable moment

Session 3

- Leadership Coaching session - 1 hour
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Teachable moment

Session 4

- Leadership Coaching session - 1 hour - Kate as client
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Teachable moment

Session 5

- Leadership Coaching session - 1 hour - Kate as client
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Teachable moment

Session 6

- Review of all tools and models & revisit steps for the first coaching session
- Debrief/conversation about the appropriate skills, attitude and knowledge of a Leadership Coach
- Agreement on ongoing self-development plan.

AND LEADERSHIP CONSULTING

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TOOLS TO BE COVERED IN TEACHABLE MOMENTS

- 'Golden Rules' of Leadership Coaching
- Roles & Values clarification
- The Beliefs Tree
- Visioning
- Increasing self-confidence (Slipped DISC)
- Transactional Analysis and Strategic Questioning
- Learning Styles
- Dilemma Resolution model
- The Emotional Intelligence (EI) Framework
- Affirmations
- Conflict resolution; an assertiveness model (DESC)

THE COST

Tuition **\$4.550**

This includes one session of three hours duration and five sessions of two hours duration, coaching experience and practise and tuition on the tools and models listed above.

Materials **1,500**

These are issued on accreditation and include a resource folder, hard and soft copies of all the tools and models learned and unlimited ongoing access to their use on the condition that the AnD logo is retained and that AnD is acknowledged.

Practicum Supervision **\$350/hr face to face and \$250/hr by phone**

It is recommended that you undertake 20 hours (10 sessions) coaching practise with supervision soon after accreditation.

Learning Retreat **\$300/night for full accommodation \$85 for airport transfers**

As an optional extra, you can experience some of the process in a beautiful and tranquil environment in the hills inland from Byron Bay during which you will have ample time for rest and reflection between your sessions.

COACH THE COACH – GROUND RULES

- If you make a late cancellation of a session (within 5 days) we'll do our best to re-schedule your appointment. However, if this proves impossible, the session is chargeable.
- It is expected that accredited AnD Coaches will seek supervision of their coaching practice and sustain their development with ongoing coaching for themselves.

LOCATIONS

Coach the Coach in Leadership Coaching sessions can be held in Adelaide, Sydney, Melbourne and Brisbane. And, as above, sessions may also be held at AnD's Learning Retreat near Byron Bay.

ADVANCED PROCESSES

- Coach the Coach in Vision Coaching - refer separate schedule.

ABOUT KATE RAMSAY

Kate Ramsay is the Managing Director of AnD Leadership Consulting, a 'boutique' business which specialises in the coaching of leaders, be they upper case 'L' leaders, leading an organisation or team, or lower case 'l' leaders, people living their lives with purpose. Kate has been consulting to industry since the mid 1980s, has been coaching since the early 1990s and has had more than 12,000 hours coaching experience. Kate supports clients by providing them with confidential time out in a peaceful environment to clarify their vision and values and reflect on their business and personal dilemmas. Kate also coaches others in AnD's coaching methodologies.